

Patient Name: Joe Bloggs **Patient DOB:** 07 Apr 1959
Address : 12 Ord Street
 Fremantle WA 6160
Phone: 93198000

GP MANAGEMENT PLAN : ALLERGY Ellen Street Family Practice			
Allergy Issues	Aims of Treatment	Actions	Responsible Health Provider
Asthma; * absent/minimal symptoms * minimal use of reliever. * no night symptoms * normal lung function * no side effects of meds	Achieve good control of asthma	* Asthma Diary * Peak Flow Readings * preventive medication * reliever medication	GP and Practice Nurse Asthma Educator Specialist. www.nationalasthma.org.au www.lungnet.com.au
Eczema	Optimal control of skin rash	Avoid soap and detergents, use daily unperfumed moisturizer, use cortisone creams in minimal amounts for short term as needed.	GP Dermatologist http://www.dermnetnz.org/dermatitis/atopic.html
Avoid Allergy Triggers * Cigarette Smoke * virus infections (colds and flu) * inhaled allergens (hayfever) * exercise (use ventolin before sport & exercise) * aspirin, anti-inflammatories * foods & preservatives	Identify allergy triggers and minimize exposure.	* Avoid contact with cigarette smoke including passive smoking * Increase Preventer at first sign of a virus infection. (Asthma Action Plan) * Skin Prick & RAST tests	GP Immunologist
Emergencies.	Recognise severe allergy signs and respond effectively.	Discuss symptoms- wheezing, feeling faint, abdominal pain, swelling in throat, widespread wheeze and seek immediate medical attention	GP
Hay fever	Reduce symptoms of runny itchy nose, and sneezing	Avoid allergens, use nasal steroid sprays, antihistamines as needed	GP
De-sensitization injections	Improve allergy symptoms without side effects	Carry out injections as ordered by specialist, wait for 20 mins post injection in case of side effects, discuss possible side effects with patient and family as above, have emergency treatment available in surgery at all times	GP Practice Nurse Specialist www.worldallergy.org/index.html

Copy of GP Management Plan offered to patient?

Copy / relevant parts of the GP Management Plan supplied to other providers?

Date service was completed:

Proposed Review Date: (recommended 6 months)

I have explained the steps and any costs involved, and the patient has agreed to proceed with the plan.

GP's Signature: _____ Date: 11 Aug 2008

**Dr Keren Witcombe
Ellen Street Family Practice
59 Ellen Street
Fremantle WA 6959
08 9430 5001**