


New Wave, New Model, New Topic Mix

Diabetes Prevention and Management wave.
Recruiting now.



Australian Primary Care
Collaboratives

Pioneering Change 



improvement foundation
putting improvement first

if 

If you keep doing what you're doing, you'll keep getting what you've gotten.

“The APCC Program provided our practice with the focus, motivation and structure to implement changes and ultimately improve patient outcomes.”

Dr Paul Brougham, GP, Breed St Clinic, Vic.

“We wanted to adopt a more systematic and proactive approach to managing our patients' health care, but we didn't know where to start, or how to incorporate it into our already busy practice. Then we discovered the APCC Program.”

Dr Elizabeth Pratt, Rosedale Medical Practice, NSW.

“We cannot speak highly enough of the APCC Program. Our doctors' time is now used more effectively, income is optimised, and we are now working more accurately and efficiently.”

Dr Grahame McAllister, Murgon Family Practice, Qld.

What is the Diabetes Prevention and Management wave?

The Diabetes Prevention and Management wave of the Australian Primary Care Collaboratives (APCC) Program consists of 2 state learning workshops and 4 virtual workshops, across 18 months. Participating health services will receive hands-on support, access to the web portal and the opportunity for sharing ideas and experiences with colleagues.

This wave of the APCC Program focuses on two topic areas:

- Diabetes Prevention
- Diabetes Management

Improve the way you work

The APCC Program will provide you with ideas on how to build stronger health service teams and enhance your systems and efficiency. You'll learn the skills and get support to:

- Identify goals and work towards them in a systematic way
- Change service delivery to improve efficiency within the health service
- Improve and develop existing systems
- Optimise roles and responsibilities to build a stronger team
- Identify and maximise potential income streams

Share ideas with other health services

At APCC workshops you'll:

- Exchange ideas and experiences through networking with peers
- Stimulate innovation and learn about practical quality improvement skills
- Pick up tips and practical ideas from peers
- Hear about what has worked, and what hasn't, in other health services

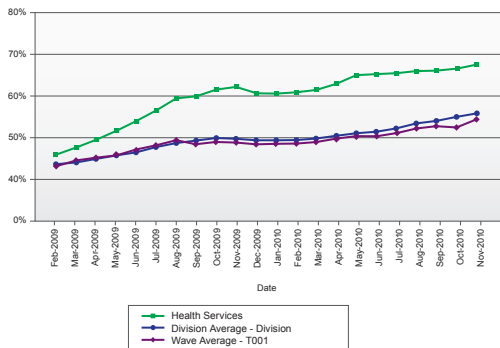
Improve patient outcomes

By working with the APCC Program, health services have made measurable improvements in patient care. Some of the improvements you can achieve are:

- Incorporating prevention work into a busy health service
- Improving health outcomes for patients with diabetes and patients 'at risk' of developing diabetes
- Moving from reactive to proactive patient care

DIA HbA1c

The percentage of patients on the Diabetes Register with a recorded HbA1c within the last 12 months and where the last recorded HbA1c result was less than or equal 7.0%.



Learning Workshop (LW) Dates:

- Sydney state LW1, Sat 5 March 2011
- Virtual LW1, week beginning Mon 16 May 2011
- Virtual LW2, week beginning Mon 25 July 2011
- Sydney state LW2, Sat 17 Sept 2011
- Virtual LW3, week beginning Mon 28 Nov 2011
- Virtual LW4, week beginning Mon 20 Feb 2012

The facts about diabetes*:

- More than half of all GP consultations are with people with a chronic condition
- Type 2 diabetes has trebled in the past 20 years
- Diabetes is Australia's fastest growing chronic disease
- Up to 60% of cases of type 2 diabetes can be prevented

How will you manage the growing burden of diabetes over the next 5 years?

Improved patient outcomes through better prevention and management of diabetes are possible. Through the APCC Program you'll receive the framework and support to 'turn the possible into the usual':

- How do you ensure your patients with diabetes aren't falling through the gaps?
- How many patients with diabetes do you have, and who are they?
- Are your patients with diabetes being treated proactively?
- Would you like to treat your patients with diabetes more effectively?
- Would you like to prevent your 'at risk' patients from developing diabetes?

The APCC Program will help you consider how you are managing your patients with diabetes and if you can do it better.

You can apply what you will learn through the APCC Program to deliver measurable, systematic and sustainable improvements in the care you provide to patients.

What is required of participating health services?

Your health service will commit to meeting some minimum requirements:

- A GP and another health service staff member will attend and actively participate in all of this wave's workshops
- Undertake work in the required topic areas
- Submit monthly PDSA (Plan, Do, Study, Act) cycles in each topic
- Collect and submit data on a monthly basis

Health service payments

The APCC Program will fund a health service \$4000 (GST exclusive) to support participation in this wave.

Measuring for improvement

Through a secure online web portal, participating health services will be able to:

- Review population health data
- Use feedback graphs to identify areas for improvement
- Track improvement work using feedback graphs

If you want to contact the Improvement Foundation

Level 5, 19 Grenfell St Adelaide SA 5000
PO Box 3645 Rundle Mall SA 5000
ABN 21 122 939 299

T. 08 8422 7400 (or Toll Free 1800 771 522)

F. 08 8231 6690 **E.** apcc@improve.org.au

W. www.apcc.org.au or www.improve.org.au

*for a full list of references, please contact the Improvement Foundation.

What happens to my data?

The ability to measure change and improvement is at the heart of the APCC Program's methodology.

Your patient data is aggregated at the health service to protect your patients' privacy and then submitted each month to the secure web portal. Through the web portal you'll then be able to track your health service's improvements over time and view feedback graphs.

Professional Development Points for GPs and health service staff

The Improvement Foundation (IF) expects there will be 80 category one points under the RACGP QI & CPD program. These points will be attributed to the 2011-13 triennium. For information on PDP points for other providers visit http://apcc.org.au/getting_involved/for_practices/

How do I participate in the APCC Program?

Complete a practice profile and send to IF. If you haven't been provided with a practice profile form with this brochure, contact IF at apcc@improve.org.au and we will provide you with one.

What if I want more info?

Contact IF, or visit the APCC Program website at www.apcc.org.au

improvement foundation
putting improvement first



if

The Australian Primary Care Collaboratives Program is funded by the Australian Government Department of Health and Ageing